

About the survey

Every year the NHS conducts a survey of GP patients across England. Here are the summary results for Appletree:

231 surveys sent out

126 surveys returned

55% completion

GP PATIENT SURVEY

Results for 2018

Where patient experience is best



78% of respondents find it easy to get through to this GP practice by phone.
Local (CCG) average 63% | National average 70%



94% of respondents say they have had enough support from local services or organisations in the last 12 months to help manage their long term condition.
Local (CCG) average 80% | National average 79%



95% of respondents describe their overall experience of this GP practice as good. Local (CCG) average 84% | National average 84%

The PPG also surveys Appletree patients visiting the Surgery and these results are borne out by our own findings. You can see the full results at www.gp-patient.co.uk.

Dr Karl Anderson joins the GP Team



Born in Winchester, Hampshire, I initially pursued studies in science and graduated with a degree in Natural Sciences from Cambridge University. During this time it began to dawn on me that I wanted to be a GP. So upon completion, I returned to Hampshire to study Medicine at Southampton. I worked as a junior doctor in hospitals in South London and Kent before completing my GP training in Dorset. After qualifying as a GP I worked in a practice in Bournemouth. In 2017 my wife, an Orthopaedic Doctor, and I relocated to Derbyshire for her work. Not knowing the area that well, I initially worked as a locum GP (including here at Appletree) before joining Appletree as a GP in September 2018. We are now settled in the beautiful Derbyshire countryside which certainly rivals that of Dorset or Hampshire, and anyway, I get sunburnt on the beach!

Be winter-ready

Get the flu vaccine



Prevent | Protect | Vaccinate

This year's flu vaccination season is well under way and we appreciate the patients who attend the surgery for their vaccination.

Over the past 5 years many patients across the country have lost their local GP surgery due to closure. GP practices gain small amounts of money for performing tasks, such as flu vaccination clinics. This money helps practices continue to provide services to patients. If that money goes elsewhere, practices struggle to survive.

If you qualify for a free flu vaccine, please help us by getting your vaccine at the surgery.



The practice now has public Wi-Fi in the waiting room. NHS-Wi-Fi

APPLETREE STAFF



We are pleased to announce the following new members of our team:

ARRIVALS

Nurse Kerry Miller
Nurse Victoria Howitt
Dr Sarah Clarke (GP Registrar)
Dr Karl Anderson



Protecting your Data

New data privacy laws came into force in May 2018 that strengthen the way your personal information is protected.



If you asked for a copy of your partner's bank statement from their bank, would the bank give it to you without their prior consent?

The same sort of rules apply to your medical records!

If you would like to know more go to our web site:

www.appletreemmedical.co.uk - sharing information.

SELF-CARE FOR LIFE



Self-care refers to the actions we take to recognise, treat and manage our own health. It's about doing small, everyday things for yourself to keep healthy and happy.

What are the benefits?

Self-care is good for you and for the NHS. There are lots of benefits to self-care. We believe it's:

Quicker

No need to wait for a GP appointment. You can buy the medicines you need over the counter at your local pharmacy or supermarket and have them ready to use at home.

Easier

Many treatments can be bought without the need for a prescription at your local pharmacy or supermarket, often for much less than a prescription charge.

Simple

Advice and information about self-care is widely available online. You can also call into any pharmacy for advice on the best treatment for your minor illness.

Considerate

Self-care helps relieve pressures on GP practices, A&E and could potentially save the NHS around £136m every year.

Where can I go for advice?

There is lots of information now available to support self-care and to help manage minor illnesses.

www.nhsstaywellderbyshire.co.uk/services/self-care

is a good starting point to find out more.

Your PPG needs you!

The PPG is always looking for new members. We are particularly looking to recruit younger members and parents of young children, so that the PPG can fully represent the patient population. We meet once every two months on the last Wednesday of the month from 7.00 - 8.30 pm at the Surgery. Any further involvement is up to you, so the task is not particularly onerous! If you think you would like to play a part in this group that provides a vital link between the Practice and the patients, please pick up a leaflet at the surgery; see the PPG section under Patients on the website; or simply come along to a meeting. You will be very welcome! Elizabeth Reed, Chair of PPG.



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