



THE NHS, APPLETREE MEDICAL PRACTICE, AND YOU!

Appletree Patient Participation Group (PPG) is organising two special information events. From **25 Sept to 30 Oct** we have a display at Duffield Library on the NHS and proposed changes in local care and service provision; the role of Appletree and how it adapts to requirements and limited budgets; and how we, the patients, can work together with the Practice to help make the best use of resources. There will be similar, smaller displays at both surgeries.

In support of this display we are holding an Open Evening at the Duffield Surgery on **Wed 11 Oct at 7.00 pm** with presentations on these subjects, and the opportunity for Q/As with two of the GPs. Questions should be submitted in advance via the new PPG email address: appletreppg@gmail.com or posted in boxes that will be available from 25 September at the library and at both Surgeries.

So do try and look at the display and join us on 11 October. We look forward to meeting you.

Elizabeth Reed, Chairperson Appletree Medical Practice PPG

MINOR INJURY ? - Please go to the Minor Injuries Unit

CONDITIONS SEEN IN MIU

- sprains and strains
- cuts and grazes
- broken bones
- wound infections
- minor burns and scalds
- minor head injuries
- insect and animal bites
- minor eye injuries
- injury to the back or chest
- injury to the shoulder

GP appointments are under pressure across the country and often appointments are taken with minor injuries that are best treated at a Minor Injuries Unit.

We often think our injury is too minor to attend one of these clinics and try to get an appointment with our GP, but this is the sole purpose for these units.

Please consider attending one of these unit with any future minor injury.



Local Minor Injury Units:

Derby Urgent Care, Entrance C, London Road Community Hospital, Osmaston Road, Derby DE1 2GD

Ilkeston Minor Injuries Unit, Heanor Road, Ilkeston DE7 8LN

Ripley Minor Injuries Unit, Sandham Lane, Ripley DE5 3HE

Right Patient, Right Clinician!

Appletree Patient Participation Group's (PPG) aims are in essence twofold: to provide the patient perspective on the services provided by the Practice; and to work closely with the practice to improve patient communication. As the NHS continues to struggle with budgets and recruitment of new doctors it is essential that we all do our best to help Appletree to make the best use possible of limited resources. The PPG fully supports the **"Right Patient: Right Clinician"** campaign which aims to ensure patients get an appointment with the most appropriate clinician, which may not necessarily always be a doctor. The Appletree clinical team is widely experienced and we encourage you to be guided by the Receptionists when you call to make an appointment. Please also see the information in the waiting area showing the specialisms of the clinical team and visit the website at www.appletreemedical.co.uk where there is a wealth of information on the services available at the surgery and online. We hope you will make good use of all the information provided.



The practice now has public Wi-Fi in the waiting room.

NHS-CSN-Public

Doctors	Uncontrolled Hypertension Contraceptive implants Contraceptive coils Minor Operations Joint Injections Complex Issues Mental Health Depression
Nurse Practitioners	Ears & throat infections Chest infections Gastric symptoms Diarrhoea/Sickness Rashes/impetigo Headaches New/review Contraception Hypertension Delayed periods HRT
Pharmacist	Medication Reviews Medication queries Repeat prescriptions Discharge letters
Practice Nurses	Contraception Review Blood pressure reviews Diabetic clinic Asthma clinic COPD clinic Anticoagulation Immunisations Smears
HCA	Blood pressure checks Spirometry Ear Syringe Weight management Wound Dressings ECGs Health Checks

Your PPG needs you!



The PPG is always looking for new members. We are particularly looking to recruit some younger members and parents of young children, so that we can fully represent the patient population. We meet once every two months on the last Wednesday from 7.00- 8.30pm at the surgery, and any further involvement is up to individuals, so it's not particularly onerous! If you think you would like to play a part in this group, providing a vital link between the

Practice and the patients, please pick up a leaflet at the surgery or see the PPG section under Patients on the website; or simply come along to a meeting. You will be very welcome!

Elizabeth Reed, Chair of PPG.