

## Listening Ear /Reachout Service

Your GP has suggested that you might benefit from the Listening Ear/Reachout Service.

This service is a free and confidential listening service which is provided by clergy. The service gives you the time to talk about the things that concern or worry you and for you to be listened to. The aim of the service is to explore opportunities that could help to improve your wellbeing.

You may only need one session with our listeners but it may be necessary to come back for further appointments. After three sessions you and the listener will be able to discuss if the service is working for you or if alternative support would be better.

Everyone involved with the service holds a current Disclosure and Barring Service (DBS) certificate which helps us to know that the people providing the service are suitable individuals to work with you. We also require all those involved with the service to understand, agree and sign up to our confidentiality policy, so you can expect the same confidential service that is provided by all members of the practice team.

We hope that you will take up this opportunity and consent the referral to this service



## Listening Ear /Reachout Service

Please confirm below that you are happy for us to refer you to this service. We require your consent to pass on your details to the Listening Ear/Reachout Service

I ..... confirm that I am happy for you to pass my details to the Listening Ear/Reachout Service

Contact number .....

Signature .....

Date .....