

NEW PATIENT REGISTRATION FORM (14 years +)

Please make sure that you answer all questions.
All information will be treated in the strictest confidence and is for your GP's record only.

| | |
|-----------------|--|
| Handed in date: | |
|-----------------|--|

*****What was the name of your last Gp at your previous doctors surgery?**

| | | |
|---------------------------|----------------------|----------------|
| Surname/Last/Family Name: | Forename/First Name: | Previous Name: |
| Address: | | Date of Birth: |
| Postcode: | | Town of birth: |
| Home Telephone Number: | Mobile Number: | Signature: |

IF WE HAVE YOUR MOBILE NO WE CAN INFORM YOU OF YOUR APPOINTMENTS AND MUCH MORE

| | | |
|------------------------------|---------------------------------|-------------|
| Email: | | |
| No of Children: | No of children living with you: | |
| Are you a carer for someone? | Does someone care for you? | |
| If so who? | If so who? | |
| Country of Origin/Ethnicity: | First Language: | Occupation: |

Emergency Contact Details/ next of kin

| | |
|-------------------|---------------|
| Name: | Address: |
| Telephone Number: | Relationship: |

Family History- Have you or your family had any of the following conditions?

| | Yourself | | Your family - Please state family member, eg mother, brother etc & give any relevant details |
|---------------------------|----------|----|--|
| | Yes | No | |
| Asthma/ COPD | | | |
| Diabetes | | | |
| High Cholestrol | | | |
| High Blood Pressure | | | |
| Heart Problems | | | |
| Stroke | | | |
| Epilepsy/fits | | | |
| Nervous disorders | | | |
| Allergies (inc medicines) | | | |
| Cancer | | | |

Have you had any illness/operations not mentioned above? (Please give dates where applicable.)
Also please state if you have any special disabilities.

Has your blood pressure been checked in the last year? YES / NO (Please delete as appropriate)

How many times do you exercise in one week eg walking, classes, swimming etc:

Please state what immunisations you have had and when:

Have you been diagnosed with a chronic disease? Yes No

If you have, which one applies?
Diabetes Coronary Heart Disease COPD/ Asthma Other

Do you take any medicines/tablets regularly? If so, give details ie. Name, dose, time of day taken -
 We need evidence of any medication you are on i.e. last prescription, evidence from previous doctor or tablet boxes

| <u>Medication</u> | <u>Dose</u> |
|-------------------|-------------|
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| | |

ANY PATIENTS ON SLEEPING TABLETS OR DIAZAPAM WILL BE PLACED ON A WITHDRAWEL PROGRAMME ON REGISTRATION UNLESS THEY ARE UNDER THE CARE OF A PSYCHIATRIST, HAVE EPILEPSY OR ARE TERMINALLY ILL.

Smoking History

| | |
|--|----------------------|
| Q1. Do you smoke? | YES / NO |
| Q2. If yes, how many a day? | <input type="text"/> |
| Q3. Have you ever smoked? | YES / NO |
| Q4. If yes, how many did you smoke? | <input type="text"/> |
| Q5. If you have stopped smoking, please state what year you stopped. | <input type="text"/> |
| Q6. Do you need advice about giving up? | YES / NO |

THE FOLLOWING QUESTIONS MUST BE ANSWERED - Registration cannot be accepted unless this information is provided.

Alcohol History

Q1. MEN - How often do you have EIGHT or MORE DRINKS on one occasion?
 Women - How often do you have SIX or MORE DRINKS on one occasion?
 (NB - 1 drink = 1/2 pint of beer or 1 glass of wine or 1 single spirit.)

| | | | | |
|-------|-------------------|---------|--------|-----------------------|
| 0 | 1 | 2 | 3 | 4 |
| Never | Less than monthly | Monthly | Weekly | Daily or almost daily |

Q2. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

| | | | | |
|-------|-------------------|---------|--------|-----------------------|
| 0 | 1 | 2 | 3 | 4 |
| Never | Less than monthly | Monthly | Weekly | Daily or almost daily |

Q3. How often during the last year have you failed to do what was normally expected of you because you were drinking?

| | | | | |
|-------|-------------------|---------|--------|-----------------------|
| 0 | 1 | 2 | 3 | 4 |
| Never | Less than monthly | Monthly | Weekly | Daily or almost daily |

Q4. In the last year, has a relative or friend a doctor or a health worker been concerned about your drinking or suggested you cut down?

| | | | | |
|-------|-------------------|---------|--------|-----------------------|
| 0 | 1 | 2 | 3 | 4 |
| Never | Less than monthly | Monthly | Weekly | Daily or almost daily |

Q5. Overall, how many units of alcohol do you drink per week?

Diet

How do you rate your diet? Good Average Poor

Are you on any of the diets below?

| | | | | | | | |
|-------------|--------------------------|------------|--------------------------|----------------|--------------------------|---------------|--------------------------|
| Vegetarian | <input type="checkbox"/> | Milk free | <input type="checkbox"/> | Low salt | <input type="checkbox"/> | Low fat | <input type="checkbox"/> |
| Vegan | <input type="checkbox"/> | Egg free | <input type="checkbox"/> | Low cholestrol | <input type="checkbox"/> | Diabetic diet | <input type="checkbox"/> |
| Weight loss | <input type="checkbox"/> | High fibre | <input type="checkbox"/> | Gluten free | <input type="checkbox"/> | Other | <input type="checkbox"/> |

WOMEN

We would expect to see women for contraceptive advice and blood pressure checks. (Contraceptive pill - 6 monthly, IUD and cap yearly)
 If you get your contraception from family planning you will need to continue to get it from there. If you find getting it from your doctor is easier you will need to see a doctor first before we can prescribe. Afterwards reviews are done by the nurse every 6-12 months.

