## **Minor Operation**

If you are due to have a minor operation, here are a few guidelines for your aftercare:-

- Keep the dressing on for 24 hours
- It is ok to shower but try to avoid soaking the dressing site
- If the wound bleeds slightly apply pressure with a clean cloth
- Your stitches will be dis-solvable, however, if your stitches are still attached after two weeks please make an appointment with the Treatment Room Nurse at the front reception to the entrance. You can either visit or call 01282 713022
- Any concerns please contact the surgery to speak to a Doctor or a Nurse

## Toe nail extraction

- If you have had a toe nail extraction, please see the Treatment Room Nurse 3-4 days after the procedure to have it redressed
- Please make sure you elevate the foot for at least 6 hours after the minor operation

