

The Gadhvi Practice

PPG Minutes

Held on the 14th of October 2019

The Gadhvi Practice started the **flu season** this year on the 1st of October. The injected flu vaccine is offered free of charge on the NHS.

You should have the flu vaccine if you:

- Are 65 years old or over
- Are pregnant
- Have certain medical conditions
- Are living in a long-stay residential care home or another long-stay care facility
- Receive a carer's allowance, or you're the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill

Frontline health and social care workers are also eligible to receive the flu vaccine.

The flu vaccine is free on the NHS for:

- Children over the age of 6 months with a long-term health condition
- Children aged 2 and 3 years on 31 August 2019 (that is, born between 1 September 2015 and 31 August 2017)
- Children in primary school

Children aged between 6 months and 2 years who are eligible for the flu vaccine will receive an injected flu vaccine.

Children eligible for the flu vaccine aged between 2 and 17 will usually have the flu vaccine nasal spray.

All our doctors are doing, by rotation, **extended hours** on Tuesday from 6.30pm to 8pm. Our patients can be seen on the extended hours by Rosewood practice on Wednesday from 6.30pm to 8pm. All appointments can be booked through our reception.

A new service implemented in our practice is the **ECG clinic** run by our Health care assistant on Friday. Patient needs to be referred by GP in order to have the test. The reports of ECG machine are exported to the patient's notes via Bluetooth.

After purchasing ECG machine we still have some **money left** which can be used for: a scanning machine, a fridge for samples to be stored overnight, a small emergency drugs fridge, kettle and small normal under the table fridge.

Dr Pathan brought good news by telling us that NHS survey on **Late cancer diagnosis** showing an improvement. Our City & Hackney CCG is in the top 10 in the country for performance ratings (second in London).

A new service called "**Talk changes for Health**" is tailored for people with long term conditions. The service positions itself as providing coaching and advice to improve mood and motivation, empowering patients to better control their conditions and live life to the full. Patients can self-refer by calling 0207 683 4278.

Local pharmacies will meet to discuss some of the services available now for the patient's, pharmacy first, dosette box, blister pack and MUR's.

Patients were invited to tell us their opinion regarding a new name **for the practice**. Most of the people present at the meeting favoured **Chestnut** and second choice was **Maple Practice**. We are still open for suggestions.

A **pharmacist** is going to be recruited to work within our Neighbourhood/PCN (Gadhvi, Rosewood, Clapton, Riverside, Healy, Elm and Nightingale surgeries).

Social prescribing service is running on Friday on our practice.

The Family wellbeing service seeing patients on a Thursday afternoon is very popular. Patient seems to make good uses of these services.

The next PPG meeting will be on the **10th of February 2020 at 6.30pm**.

People participated today:

Mr YA
Mr CE
Ms SR
Mr DG
Ms TG
Mr DP
Mr FT
Ms JE
Ms NH
Ms RP

Practice manager: Paulette Kerr
Practice Partner: Dr A Pathan
Admin staff: Mihaela Lazurca