



GibsonLane Practice

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Gibsonlaneppractice.co.uk

Health station



The Health Station is used for information gathering that can be important to your GP or nurse appointment. We will direct patients to use the health station before selected appointments so that this information is on the system ready for the clinician to see.



There are a range of options that the health station can be used for including, blood pressure, height and weight. New patients can use the health station instead of booking an appointment with the nurse by following the new patient option.

Medical appointments can be cut shorter simply by doing these initial tests so that the GP can focus on the physical aspect of the medical. Patients are advised to complete the Standard Questions option where they are asked a variety of questions regarding their health.

It is important to SAVE the information as this then transfers the information to your medical records automatically.

Any patient who would like help using the Health Station please do not hesitate to ask at reception.



Staff News

Congratulations to Dr Calvert on the birth of her second Daughter, Charlotte.



We say goodbye to Practice Nurses, Catherine Vaughn, Sarah Handford and Jackie Hepstonstall. We wish them well in their future careers.

Dr Melissa Tasou is here for maternity cover.

We have a new nurse, Anne-Marie.

We say farewell to Practice Nurse, Alison Reid after 21 years with the practice. We wish her well in pastures new.



Target Dates

We will be closed from 12 noon on the following dates for Target training:

Tuesday 10th September

Tuesday 15th October

Tuesday 12th November

If you need medical assistance while we are closed please phone 111 or 999 for medical emergencies. Alternatively, for routine queries, your local pharmacy may be able to help.



Park Run



A huge congratulations to all GPs, Practice staff, patients, volunteers, family and friends who have supported a parkrun practice since the launch in June 2018.

We are proud and excited to announce we have just surpassed 1,000 parkrun practices AND we are well over the target of 1,000 GP pledges for the 1-year anniversary parkrun pledge day.



Book Donations



Got any books you don't want or need anymore?

We have a donation table in main reception at Kippax Health Centre where proceeds are given to a chosen charity each month. We appreciate any unwanted books.

Alternatively, you can swap books rather than make a donation.

This month we donated to The Simon Dearden Memorial Fund, a patient who sadly passed away earlier this year.



Test Results

Patients will be advised by clinicians and staff to call the surgery to chase their results. We will not routinely contact patients with these results. However, if the GP feels your test result is acutely abnormal and needs a more urgent follow up, then we will contact those patients. You will be given a time frame in which the results usually take to come back so that you are not expected to ring everyday.





Hospital Transport—Patient Eligibility

NHS transport is an expensive resource and it is important that ALL alternatives are explored to enable patients to travel to or from healthcare locations by their own means.

It is only provided if the patient's medical condition prevents them from safely using other travel options to get to and from their appointment. Receptionists will enquire eligibility for transport however, previous use of hospital transport isn't a guarantee that these patients will be eligible in the future.

First Contact Practitioner

Go direct to a physio without seeing the doctor!

The physio will:

- Assess you and diagnose what's happening
- Give expert advice on how best to manage your condition
- Refer you on to specialist if necessary

A receptionist will sign post you to the physiotherapist service if you have any of the following:

- All soft tissue injuries, sprains, strains, sports injuries.
- Arthritis – any joint
- Problems with muscles, ligaments, tendons or bone, lower back pain, mid-back pain and neck pain.
- Spine related pain affecting arms or legs, including nerve symptoms such as pins and needles and numbness.

Please note we would advise that if you have already been seeing a doctor for ongoing treatment then to continue doing so.

Summer Season

During the summer season it is important to look after yourself and here are a few top tips to help you keep safe and happy:

- Spend time in the shade between 11am and 3pm
- Make sure you never burn
- Cover up with suitable clothing and sunglasses
- Use at least factor 15 sunscreen



Take extra care to protect babies and children. Their skin is much more sensitive than adult skin, and damage caused by repeated exposure to sunlight could lead to skin cancer developing in later life. Children aged under six months should be kept out of direct strong sunlight.

Hay fever Season

Hay fever season is now upon us.

Speak to your pharmacist if you have hay fever. They can give advice and suggest the best treatments, like antihistamine drops, tablets or nasal sprays to help with:

- Itchy and watery eyes and sneezing
- A blocked nose

Tips for hay fever sufferers:

- Put Vaseline around your nostrils to trap pollen
- Wear wraparound sunglasses to stop pollen getting into your eyes
- Shower and change your clothes after you've been outside to wash pollen off
- Stay indoors whenever possible
- Keep windows and doors shut as much as possible