

Information on Medication Review

Why Do I Need a Medication Review?

Medicines are prescribed to treat symptoms or diseases. When you are prescribed a medicine, you should be given clear information on:

- How to take the medicine.
- The possible side effects.
- How long to take the medicine for and when to stop taking it if appropriate.

It is good practice for your medicines to be reviewed once or twice a year, to check that you are taking the medicines in the correct way, that they are treating the condition properly, that the dose of medicine is still right for you and that the medicine is not causing you any problematic side effects.

How can I prepare for my review?

Think about your medicines, how you take them, how they make you feel and write down notes or questions that you may have.

What should I bring to my medication review if I have an appointment at the surgery?

You should bring all of the medicines that you are taking, including any medicines that you buy from a Pharmacy, when you come for a review.

Is there someone who helps you take your medicines (a family member, friend or carer)? It may be helpful to bring them with you.

What might happen after my review?

Your medication may be stopped, changed or the dose altered because:

- Your health has improved and the medicine is no longer needed.
- The medicine has side effects that make you feel unwell.
- You have chosen not to take the medicine.
- You struggle to take the medicine.
- Other treatments that do not involve medicines are available instead

The decision to start or stop a medicine will be shared between you and the Clinical pharmacist and will be based on your individual medical needs, priorities and values.