



MORAY PODIATRY SERVICE SELF REFERRAL FORM

Please complete all sections in BLOCK CAPITALS (incomplete forms will be returned)

Please note we **DO NOT CARRY OUT SIMPLE NAIL CUTTING**

Your first appointment may be for assessment only and treatment **may not** be given at that time

Your first appointment maybe via telephone

If appropriate you may be offered a virtual consultation using `Near Me`

Title			Surname																							
First Name(s)																										
Address																										
Post code														Date of Birth			/		/							
Home Tel														Mobile												
Email address																										
Next of Kin	Name											Tel														
Name of GP practice																										
Do you speak and understand English ? (please circle)														YES	NO											
Do you have any difficulty (please circle) Seeing Understanding Hearing Communicating																										
Please give brief details																										
Do you use a wheelchair aid or stick walk independently need to be accompanied (please circle)																										
Do you have help to wash and dress or other care need ? (please circle)														YES	NO											
Who helps you ?																										
Name of Care Company (if you have one)																										
Height												cms/ins	Weight.....												Kgs/Stones	
What style of footwear do you wear most of the time (please circle)																										
Slip on Laced Velcro fastened Strap Prescribed Other																										

Do you have any medical conditions? Have you had any surgery? (please circle) NO YES (please list below)

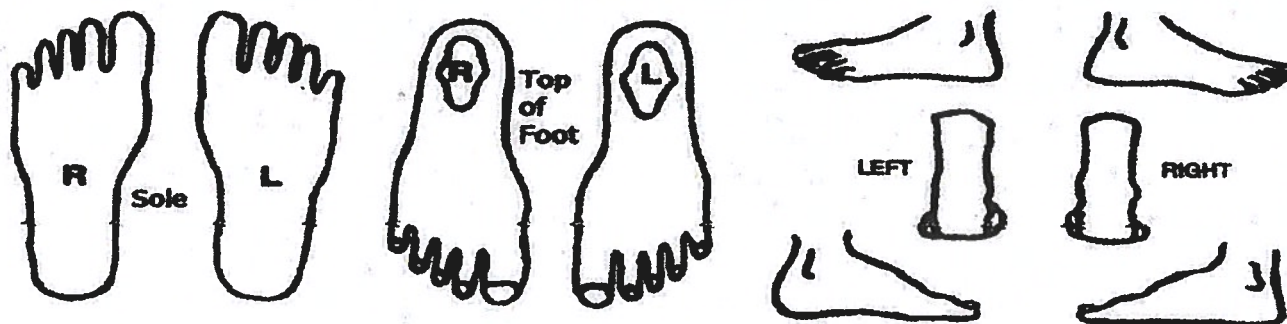
List Out Patient Clinics you attend

Please list any Allergies

Do you have ?_ Hepatitis B Hepatitis C HIV CJD None of these (please circle)

Please list below All your current medication (include 'over the counter' and herbal medicines that you take regularly)

Please mark on diagrams below where your current foot problem is (please use circle or X)



Is the area? (please circle)	RED	SWOLLEN	PAINFUL	DISCHARGING (pus/fluid)	BLEEDING	OPEN	DISCOLOURED
------------------------------	-----	---------	---------	-------------------------	----------	------	-------------

Does the problem stop you or severely impact on your..... (please circle)	Sleeping	walking	working	sports activities	none of these
	All of the time	Some of the time	Never		

How painful is it? (please circle)	No pain	0	1	2	3	4	5	6	7	8	9	10	Terrible
------------------------------------	---------	---	---	---	---	---	---	---	---	---	---	----	----------

Briefly describe your current foot problem, how long you have had it and what you have done to help it

Have you seen anyone else about this problem?
Please give details and approximate dates

Please Sign (please state relationship if signing on behalf of applicant)

date

Please return COMPLETED form to -
Podiatry Department, The Glassgreen Centre, 2 Thornhill Drive, Elgin IV30 6GQ

or email to gram.moraypodiatry@nhs.scot

(You may attach a photo of your foot problem to your application)