



February 2016



Melbourne and Chellaston Medical Practice

## NEWSLETTER



### Farewell from Dr Phil Das

“It is with mixed emotion that I sit to compose this message for our newsletter. After 18 years as a GP partner in Melbourne and Chellaston I have decided to move on. I have been offered an opportunity to work in a rural practice in Wirksworth. It has been an agonising decision but I will be moving to a practice which is much closer to where I live and where I feel I will fit in well. It is probably the last chance in my career to make such a significant move and so whilst daunting, it is a change that I feel excited about.



Making this decision has brought into clear focus the many good things I will be leaving behind. I have vivid memories of the excitement I felt joining the practice in 1998. A feeling of having a grown up job with responsibilities was magnified by the birth of my son a month later. This year he will be leaving for university! The practice has been kind to me over the years and I will miss the many friends I have made along the way.

I have known about this move for some time but the practice wanted to make an announcement when the time was right and in particular when we had a successor in

place. I am sincerely sorry to those of you I have seen recently but to whom I didn't say farewell. I hope you will understand.

Even in these tough times the practice retains an excellent clinical team and I am confident that my successor, Dr Nick Coxon, will be a very worthy addition. Nick is an experienced GP who has worked in Derby over the last 15 years and I am sure he will fit in very well.

Above all, be good to your surgery – remember that it is a precious resource to be used with care.

Best wishes and farewell to you all.”



### Typhoid vaccines

The Practice is having difficulties obtaining single typhoid vaccines from the manufacturer. We have a stock of hepatitis A and typhoid combined vaccines but if you require typhoid separately, we would advise you to contact Derby Travel Clinic on Bridge Street, Derby, tel. 01332 332530 as this can be obtained either orally (which lasts for one year) or in injectable form (which last for 3 years) at a cost of £45. Please see <http://www.travel-doc.com/> for further details.

We apologise for any inconvenience caused to patients. We are liaising with the manufacturer which is aiming to resolve supply problems.

### Hospital appointments

If you need to find out about a hospital appointment once a referral has been made or wish to cancel one, please contact the hospital directly, rather than the practice secretaries. Thank you.

### Easter opening times

Both Practices will close at 6.30pm on Thursday, 24th March and re-open at 8am on Tuesday, 29th March. For urgent care over the Easter break, please dial 111 or go the nearest walk-in centre.

## Dementia support and information

South Derbyshire is aiming to become a 'Dementia Friendly Community'. To launch this the Dementia Action Alliance is holding an event at Oaklands Village in Swadlincote later this month.

### Derby Carers Forum

Carers are invited to Derby Carers Forum on Monday, 7th March, 10.30am - 11.30am at Oddfellows Hall, Charnwood Street, Derby, DE1 2GU.

You can confirm your attendance by telephoning Creative Carers on **01332 227711** or email [creativecarers@gmail.com](mailto:creativecarers@gmail.com)

You can also let them know if there are any questions that you would like to ask.

### School immunisations

A quick reminder for parents that the new school aged immunisation service (SAIS) for children aged 5 to 19 is provided by Derbyshire Community Health Services.

The service started on 1st September 2015 for children across Derbyshire within schools and communities.

This includes year 1 and 2 flu vaccines; Year 9 Meningitis ACWY; Year 8 and 9 HPV for girls and the Td/IPV (teenage booster) for Year 9.

GP practices are no longer involved in this aspect of healthcare.



Urgent Care Practitioner Lynne Bennett and Receptionist Tracey Baggaley.

Thanks to our staff and patients we donated £20 each to Me and Dee at Melbourne and Down's Syndrome Derby. The money was raised during our Christmas jumper fortnight.

## New health websites

Local information and guidance on well-being, including stop smoking, weight management and increasing activity is now available on two websites.

Melbourne patients, can access [www.livelifebetterderbyshire.org.uk](http://www.livelifebetterderbyshire.org.uk)

For patients living in Derby there is support available through Live Well Derby,

[www.livewellderby.co.uk](http://www.livewellderby.co.uk)

## Parking considerably

**Please remember that parking spaces at our Melbourne practice are designated for surgery use only.**

**At Chellaston, please use the surgery car park. Parking at the front of the surgery seriously hinders access, particularly if an emergency ambulance is needed.**

## Named GP

All patients have a named GP but can choose to see a GP of their choice. Ongoing conditions are normally dealt with by the same GP and patients are told the name of the GP they will be seeing when they book appointments. If a preferred doctor is not available, patients are offered alternatives.

## Melbourne community transport

Patients requiring transport from Melbourne to our Chellaston surgery, may be able to use the service offered by Melbourne Community Care, providing volunteer drivers are available. For more information contact

[info@melbournecommunitycare.co.uk](mailto:info@melbournecommunitycare.co.uk)

## Newsletter

If anyone would like to receive this newsletter by email, please contact Practice Liaison Officer Pam Beecham at [pamela.beecham@nhs.net](mailto:pamela.beecham@nhs.net)

Pam is also happy to receive suggestions and feedback on articles.