

Old Forge Surgery

Blood Pressure Record

Name _____

<i>Date</i>	<i>Sys</i>	<i>Dia</i>	<i>Date</i>	<i>Sys</i>	<i>Dia</i>

Notes :

- **Sys** refers to **SYSTOLIC** pressure- the 1st number on the printout from the BP machine
- **Dia** refers to **DIASTOLIC** pressure, the 2nd number