

## BEESTON VILLAGE SURGERY NEWS

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Visit us at [www.beestonvillagesurgery.co.uk](http://www.beestonvillagesurgery.co.uk)

We are open:

Mondays and Wednesdays 7:00 – 18:00

Tuesdays and Thursdays 7:30 – 18:00 and Fridays 8:00 – 18:00.

Outside these times you can call 111 for problems that cannot wait until the surgery re-opens.

### All Change!

*Dr Noscoe left the practice in February to work nearer to home. But we welcome Dr Shivamurthy, an experienced female GP, who joined our team in March.*

### Nursing Team News

*Laura successfully completed the Diabetes Management in Primary Care course and will be supporting the GPs in annual diabetic reviews.*

### Friends and Family Survey

Please complete a feedback form when you have visited the surgery. We like to hear feedback from our patients. The Friends and Family is also available on our practice website. We are pleased to see that 88.7% of our patients are likely to recommend the practice to others.

### NHS Health Check

If you are aged 40 – 74 and do not suffer from heart disease, kidney disease, diabetes or had a stroke, you can have a free NHS health check. This is a simple, quick 30 minute screening appointment. Please ring our Patient Care Adviser team to see if you are eligible.

### FREE NHS Bowel Cancer Screening

Bowel cancer is the UK's second biggest cancer killer. All patients aged 60 – 74 will be invited for a bowel cancer screening test. This is a simple test done in the privacy of your own home. Please take part in the screening and return your kit.

### DID NOT ATTEND

The practice continues to have a large number of patients who fail to attend their appointments. **Between January – March 2018, 561 patients did not attend their appointments. This meant we lost 115 hours of clinical time.** If you are unable to keep your appointment please let us know. Patients who fail to attend 3 appointments may be removed from our list. **If you make an appointment, then do not need it, it is your responsibility to cancel it.**

### Online Services

You are able to book appointments, request repeat medication and view your detailed medical records on line via our practice website: [www.beestonvillagesurgery.co.uk](http://www.beestonvillagesurgery.co.uk) Register for online services at our reception desk.

## “One You Leeds” – Integrated Healthy Living Services



“One You Leeds” supports patients in changing their lifestyle and behaviour to improve their health. In particular it focuses on stopping smoking, weight management, cooking skills healthy eating and physical activity.

Are you Interested? If so, you can Contact “One You Leeds” and use the range of free support available. Call 0800 169 4219 or visit [www.oneyouleeds.co.uk](http://www.oneyouleeds.co.uk)

### Patient Participation Group

The practice has a Patient Participation Group that meets every 3 months with one of the Partners and the Practice Manager. The Group makes suggestions about improvements that can be made by the Practice and gives the patients view of how the practice operates. If you would like to take part please let us know.

### THE FUTURE OF ANTIBIOTICS IS IN OUR HANDS

Infections like coughs, colds, sore throats and flu should be treated without antibiotics – most of the time. The overuse of antibiotics means they are becoming less effective and has led to the emergence of “superbugs”, strains of bacteria that have become resistant to some types of antibiotics. If you take antibiotics without consulting your doctor, you could be increasing the chance of them not working in the future.

### Pharmacy First

The practice supports the Pharmacy First service. If you have a minor ailment such as a cough, cold, sore throat, threadworms or teething problems, your local pharmacy will be able to see you and offer treatment if appropriate. There are certain exclusions, but when you call the surgery you may be directed to Pharmacy First if appropriate.

Friends of Stanks Hall welcome help in their garden – a good way to relieve stress and give purpose to your life. [www.friendsofstankhallbarn.wordpress.com](http://www.friendsofstankhallbarn.wordpress.com)

### Repeat Medication

If you take medication on a long-term basis, you can ask for a repeat prescription. The practice sends prescriptions electronically to local pharmacies.

#### **Repeat Medication requests can be made by:**

**Prescription counterfoil** with the items ticked or a **Letter** with your name, address, and date of birth: ensure the name, dose, strength and quantity of each drug is detailed. These can be put in the Post box in our reception area, posted, faxed (0113) 2777778 or e-mailed to [info.bvs@nhs.net](mailto:info.bvs@nhs.net)

**Online via our Practice Website.** You will need to ask one of our Patient Care Advisers for a username and password for this service.

**Your prescription will take two working days to process. Please ensure you leave enough time for the request before you run out of medication.**