

Become an **Information Champion** and help spread the Healthwatch message in your community - TRAINING now available...

Healthwatch Sunderland works with local people, patients, service users, carers, community groups, organisations, service providers and commissioners to get the best out of local health and social care services. This doesn't just mean improving services today but influencing and shaping services to meet the needs of local communities tomorrow.

What is Healthwatch?

Healthwatch Sunderland is the new independent consumer champion for all of us who use health and social care services. It will ensure that everyone has a voice in the way that health and social care services are planned and delivered.

Healthwatch works with communities across Sunderland to gather experiences of services both good and bad. We use this information to influence service design and delivery.

Information and Signposting

We also offer an Information and Signposting service which you can contact on Freephone **0808 1729559**. The service provides information on local health and social care services and signposts people, when needed, to the most appropriate complaints process.

We are currently offering training sessions for anyone who would like to find out more about Healthwatch and how it can benefit you and those you work with or represent. The session also includes information on how you can volunteer as an Information Champion for Healthwatch.

The first session is running from 12.30pm - 4pm on Monday 24th February.
Tea/Coffee on arrival at 12.15pm.

To book a place, please contact Clare Render on 0191 5147145 or email healthwatchesunderland@pcp.uk.net