

NEW CONSULTING ROOMS

Some of you will remember the old Ecclesbourne Avenue and Duffield House surgeries and the move in 1999 into the current purpose-built building. Initially this new building seemed enormous and no one imagined that by 2010 we would be adding an additional 6 consulting rooms.

Almost another 10 years have gone by and patient demand is such that we need to expand again. We are pleased to tell you that two new consulting rooms have been created utilising some of the space within the waiting room area. These rooms are equipped to be used by both GPs and Nurses and are now fully up and running.

As more services move from Hospital to the Community I wonder what will happen in 2029?

Lianne Burke, Assistant Practice Manager



Anti Social behaviour



Over the last few years we have had an increasing problem with anti social behaviour caused by groups of youths hanging around the surgery car park in the evenings. We have been working with Ecclesbourne School and the police to help successfully identify some of the individuals involved.

We ask that any member of the public who notices anti social behaviour at the surgery and can recognise any of the individuals, please contact Stephen Leather, on 01332 842288.

Thank you.



Prescribing of over the counter medicines is changing



The NHS has made a list of minor conditions that should be treated with over the counter medicines from pharmacies or supermarkets.

To name a few of these conditions:

- **Conjunctivitis**
- **Cystitis**
- **Dry eyes**
- **Indigestion & Heartburn**
- **Mild to moderate hay fever**



Previously you may well have been issued a prescription but new NHS guidelines are that patients should now be buying over the counter medicines themselves. To read more, please go to:

www.nhs.uk/common-health-questions/medicines/why-cant-i-get-prescription-over-counter-medicine

APPLETREE STAFF

We are pleased to announce the following new members of our team:

ARRIVALS

Dr Sarah Clark - GP Registrar
Dr Hannah Simpson - GP Registrar
Lisa Brown - Practice Nurse
Melissa Fletcher - Receptionist

DEPARTURES

Dr Thevam Ganesan
Sally Cozens - Practice Nurse
Kate Moore - Practice Nurse
Susan Edgar - Receptionist



EXTENDED ACCESS

NHS England's Vision for General Practice - 'General Practice Forward View' (GPFV) April 2016 included the aim :

“To ensure everyone has easier and more convenient access to GP services, including appointments at evenings and weekends”.

Last spring we published the new Extended Access plan for 5 GP practices across the Belper area to work together to provide evening and weekend appointments. Each practice takes it in turn to provide additional appointments to the wider patient population in the Belper Area.

Appletree offers regular Saturday morning pre-bookable appointments, with the other practices offering evening appointments. Sunday appointments are available for acute problems at Ripley Hospital.



NEW NHS APP

The NHS App enables people to:

- check their symptoms using the [health A-Z on the NHS website](#)
- find out what to do when they need help urgently using [NHS 111 online](#)
- book and manage appointments at their GP practice
- order their repeat prescriptions
- securely view their GP medical record (upon request)
- register as an organ donor
- choose whether the NHS uses their data for research and planning

Find out more about the future developments planned for the NHS App.
www.digital.nhs.uk/services/nhs-app/future-developments

Your PPG needs you!

The PPG is always looking for new members. We are particularly looking to recruit younger members and parents of young children, so that the PPG can fully represent the patient population. We meet once every two months on the last Wednesday of the month from 7.00 - 8.30 pm at the surgery. Any further involvement is up to each individual, so the task is not particularly onerous! If you think you would like to play a part in this group that provides a vital link between the Practice and the patients, please pick up a leaflet at the surgery; see the PPG section under Patients on the website; or simply come along to a meeting. You will be very welcome! George Newton—PPG Chair.



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