

The Jolly Medical Centre

January 2017

72 Crescent Road
Crumpsall
Manchester
M8 9NT
Tel: 0161 740 9864
Fax: 0161 740 0524
Email: nmccg.jolly@nhs.net

Your Doctors
Dr. R. Kumar
Dr. Z. Ali

Practice Manager
Charmi Rami

OPENING TIMES
Monday – 8:00 am to 8:00pm
Tuesday, Thursday and Friday – 8:00 am to 6:00pm
Wednesday – 8:00am – 2:00pm
Urgent line available out of these hours

OUT OF HOURS
For urgent advice and treatment: call NHS 111 on **111**
Chest pains and / or shortness of breath constitute an emergency.

Appointments: Appointments can be booked by ringing in or from our website for a month or 2 month in advance. Emergency appointments are available on the day.

Out of the surgery hours, please telephone NHS 1-1-1.
Calls to the NHS1-1-1 service are free from both landlines and mobile

SMS text reminder service is available and done at 3 instances before the appointment

Health Reviews

Patients with Diabetes, Asthma and COPD are recommended to have annual reviews with the Practice Nurse to ensure they are receiving the best treatment for their condition.

If you haven't had a review for a while—please telephone the surgery on 0161 740 9864 to make an appointment with one of our Practice Nurses. In order to keep your medical records up to date we would encourage our patients to inform us of their current smoking status.

Appointment Attendance

In the last quarter of 2016, **460 of patients** did attend their appointments. If you cannot attend your appointment please make sure to cancel it so it can be used for other patients. Please ring the surgery to cancel your appointment.

Baby Immunization Clinic

There had been issues with working parents not been able to attend our Wednesday clinics from 11:00 am to 12:30 and hence The practice has recently introduced a very flexible approach whereby the babies can be booked in throughout the week for their immunisations

Bowl cancer screening

Our practice has set an example and has been acknowledged as the only practice in North Manchester CCG for being proactively encouraging patients to consider bowel cancer screening and increasing awareness of patients despite of significant number of patient with foreign language.

Medication Reviews

It is important to keep up to date with medication reviews, to ensure you are on the most beneficial medication and dose. Reviews can be in depth and can take up a whole appointment slot. So please try to make medication review appointments separately from any other problem you may have.

<p>Patient online access and Prescriptions</p> <p>You can register online for patient access to</p> <ul style="list-style-type: none"> • Order repeat prescriptions • Book your appointment <p>You may obtain repeat prescriptions by placing an order by either:</p> <ol style="list-style-type: none"> 1. Registering online 2. At the reception counter using the tear off slip. Tick the items you require and place the slip in the box. 3. By post (please enclose a stamped addressed envelope.) 4. By fax: 0161 740 0524. 5. Via email NMCCG.jolly@nhs.net 	<p>Did you know?</p> <p>As part of efforts to save money within the NHS, can we encourage you to buy treatments for mi-nor ailments rather than have them prescribed? Some ailments can be dealt with over the counter products at a pharmacy. You will not necessarily need to be seen by the Doctor for minor ailments. The following can be bought at a reasonable cost over the counter at retail pharmacies:</p> <p>Antihistamines, Chloramphenicol eye drops, Aqueous Cream, Hydrocortisone, Doublebase, Me-digel, Aveeno, Aciclovir Cream & Oilatum. Fybogel Type products, Colpermin, Dioralyte, Sachets Mebeverine, Loperamide, Anusol Cream and suppositories, Some thrush preparations. Co-codamol, Paracetamol e.g Calpol, Ibuprofen tablets/ suspension and gel.</p>
<p>Reducing the amount of Waste Medication</p> <p>We are currently having an unprecedented amount of returned medicines and we need to ask your help to reduce this waste which is costing the NHS a lot of money.</p> <p>We know that it is tempting to ask for an extra supply of medicines “just in case” but please would you make an extra conscious effort to look through your repeat medication order sheet and not order any items where you have enough. These could be medicines that you use only occasion-ally or, in a few cases have stopped taking altogether. If a particular drug is not agreeing with you please speak to your GP to discuss the problem and it may then be removed from your order list (the dispensary cannot do this).</p>	<p>Registered GP</p> <p>The named GP for new registrations is DR R Kumar</p> <p>Staff News</p> <p>There have been new appointments at the surgery and we are pleased to announce Mason Jones, Farzana Saddique and Falguni Sheth have joined the team. We wish them good luck in their new roles and look forward to working with them at the practice.</p>