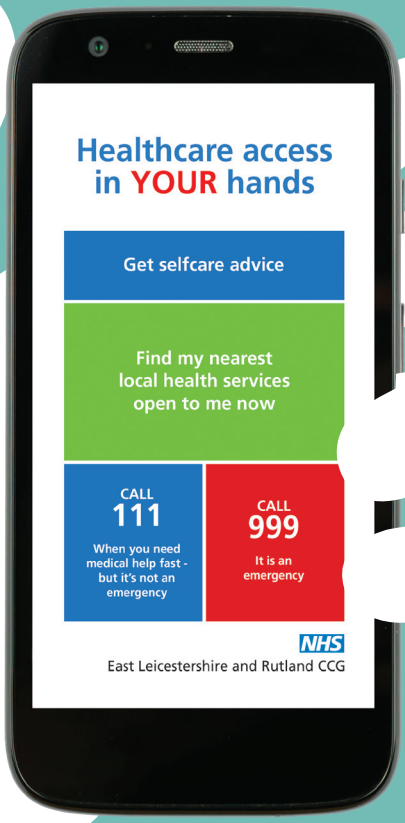
NHS
East Leicestershire and Rutland
Clinical Commissioning Group

It's YOUR NHS

Be smart about how you use it



There are a whole range of local NHS services - new and not so new - to meet your needs.

If your illness or injury is not a real emergency, other local health services may be able to get you the right help and care more conveniently and more quickly than 999 or A&E.

Download your free "NHS Now" app to help you choose and find the nearest local services available to you at any time of the day or night.

ANDROID APP ON Google play

Available on the App Store

For more information visit
www.eastleicestershireandrutlandccg.nhs.uk/NHS-Now

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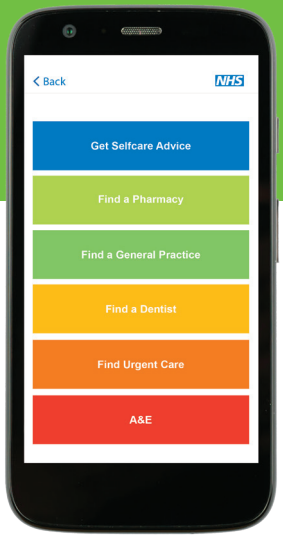
What are my **NHS** options right **Now**?

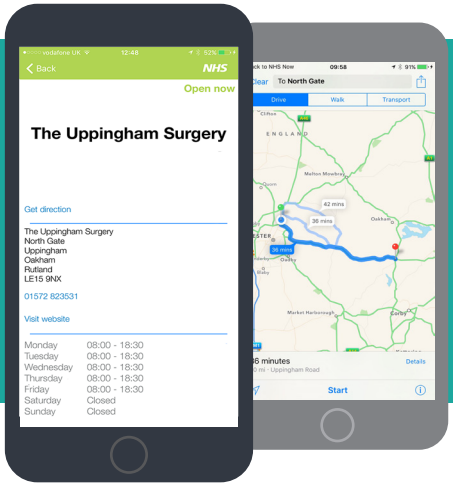
With NHS Now, you can access selfcare advice or choose and find your nearest, most appropriate and most convenient local health service currently open to you at any time of the day or night.

You get live opening times and directions to a range of your local NHS services. For each type of service, you can ask to see either all locations or those that are open for service at the specific time you are using the App.



You can choose to see all local pharmacies or only late night pharmacies. For dentists, you can choose between all or emergency dentists. Or see only those registered with NHS England as accepting new NHS patients.

NHS Now provides access to selfcare advice from the official NHS Choose Better site plus the option to phone **999** or NHS **111** for when you need urgent advice, but it's not an emergency.



For each service, **NHS Now** provides details of:

- **Address**
- **Phone Number**
- **Website (where available)**
- **Opening Times**

Driving and walking directions can be launched in your device's Maps app.

For more information email:
communications@eastleicestershireandrutlandccg.nhs.uk
or visit **www.eastleicestershireandrutlandccg,nhs.uk/NHS-Now**