**Towcester Medical Centre & Paulerspury Surgery**

**Patient Participation Group Meeting Minutes**

**Tuesday 12th February 6pm**

**Apologies:** Mel, Ann, Michelle

**Present:** Carol, Julia, Dr Omar, Karen

Carol thanked Dr Omar for attending and expressed how useful the Panel find it to have GP attendance at the meetings**.**

**Minutes of Last Meeting:** agreed. Sports clinic and University Research Project are agenda items this month. Carol asked if there is an update on GP Extended Access. IT difficulties are still frustrating access for our patients. Ongoing

**Sports clinic pilot:** Will be headed by Doctors Wake and Odwell. Will be an activity clinic rather than sports designed for patients who for whatever reason have fallen out of doing exercise. Hoping to get a physiotherapist and dietician on board.

**Carer Activity:**258 carers

**Friends and Family Review:** 5 responses all very likely to recommend the Practice. Positive comments about the doctors and staff. Carol asked if these comments are fed back to staff. Yes, they are.Comments on NHS Choices are also fed back to staff.

**Newsletter:** We discussed subjects for the next newsletter. Agreed:

Sun protection, sunhats, drinking sufficient water

Northampton eye casualty walk in service

Hayfever, anti-histamines

Childhood immunisations

**Northampton University Research Project:** We have received a letter from the University thanking the Panel for completing the questionnaire. The University are planning to hold a workshop in May 2019, and they will be in touch with us again nearer the time. If any panel member wishes to contact the team they can do so on [jane.taylor@northampton.ac.uk](mailto:jane.taylor@northampton.ac.uk)

**Staff Changes:** A new nurse, Cathy Smart has joined the practice. We currently have 3 registrars. It will be 2 from April. We will also be taking Cambridge Medical Students again this year.

**Watermeadows Park Run:** Anna Harrington came to speak to the Panel about Watermeadows Towcester Park Run. She explained the benefits both to walkers and runners, and to volunteers who help run the event. One of it’s main aims is to build community as well as provide an enjoyable opportunity to exercise. The group felt we could put information about this in our newsletter. Anna said she can provide a short paragraph for the newsletter together with information about how to register to participate either as a runner or a volunteer.

**Meeting Dates 2019**

9th April

14th May

11th June

9th July

13th August

10th September

8th October

12th November

10th December