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## Appointments for Travel Advice and Immunisations

At the Practice we have seen an increasing trend in holidays to far away destinations and adventure holidays with more complex itineraries, with this has come an increase in the risk to travellers health.

**We are able to offer basic holiday advice and vaccinations however we are not a specialist centre with the expertise that is available at travel clinics where they undertake extended training in Travel Medicine. If travel plans are complex and require SPECIALIST advice we would recommend attending a specialist travel clinic.**

In order to provide appropriate travel advice and information we require you to fill in a Pre Travel Risk Assessment Form available from the surgery. This should be done as early as possible prior to travel. To achieve this we ask that you collect and complete a Pre Travel Risk Assessment Form from the surgery. Once completed, return to the surgery and arrange an appointment approximately two weeks later. This will last 20 minutes and we would plan to give any required vaccinations at this point.

**If you are travelling in less than two weeks from the time of contacting the surgery we CANNOT guarantee we will be able to see you for your travel needs and suggest you consider contacting a travel clinic.**

There is a lot of information available on the internet for travel, and it would be useful if you were able to look at the countries you are planning to visit prior to us seeing you. Below are some useful websites you may wish to use and just some of the travel clinics that are available in Leeds.

Scottish NHS Public Travel Site  
Travel Health Pro  
Department of Health  
Foreign & Commonwealth Office  
Immunisation and Malaria

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)  
[www.travelhealthpro.org.uk/](http://www.travelhealthpro.org.uk/)  
[www.dh.gov.uk](http://www.dh.gov.uk)  
[www.fco.gov.uk/knowbeforeyougo](http://www.fco.gov.uk/knowbeforeyougo)  
[www.nhs.uk](http://www.nhs.uk)

Leeds Community Healthcare  
Masta Travel Clinic  
Leeds Travel Clinic at CityDoc

[www.leedscommunityhealthcare.nhs.uk](http://www.leedscommunityhealthcare.nhs.uk)  
[www.masta-travel-health.com](http://www.masta-travel-health.com)  
[www.citydoc.org.uk/citydoc-leeds/](http://www.citydoc.org.uk/citydoc-leeds/)

## Travel Charges 2017

Vaccination	Cost	Details
Hepatitis A	Free	Two injections 0 & 6-12 months, lasting at least 20 years. Cover starts 2 weeks after first injection.
Hepatitis B	£19.50 Adult (per injection)  £14.50 Child (per injection) Course of 3 £58.50	Three injections: 0, 1 & 6 months. Accelerated courses are given in certain circumstances, when a fourth dose is given at 12 months. Booster dose at 5 years if still continued risk. Cover starts after 3 <sup>rd</sup> dose.
Meningitis ACWY	£25	One injection for visitors to Hajj, Saudi Arabia or Africa. Cover lasts 3-5 years.
Rabi – Pure Rabies	£43 each £50 each	Three injections 0, 7 then either 21 or 28 days. Cover lasts 2-3 years.
Tetanus, diphtheria & polio	Free	One booster dose lasts 10 years. N.B. if no previous immunisation, three injections 0, 1 & 2 months.
Typhoid	Free	One injection lasting 3 years, cover starts after 10 days.
Yellow Fever	£65.60 (inc certificate)	One injection and insurance certificate of vaccine. Cover starts after 10 days and lasts 10 years.

### **Malaria Tablets**

Cost is variable depending on the country you are visiting

**Payment by cash is due at the first visit for the full amount of the course of vaccines or tablets.**

## Pre Travel Risk Assessment Form

**Please complete this form prior to your travel appointment and return to reception**

<b>Personal details</b>			
Name:		Date of birth: Male [ ] Female [ ]	
Easiest contact telephone number			
Email			
<b>Dates of trip</b>			
Date of departure			
Return date or overall length of trip			
<b>Itinerary and purpose of visit</b>			
Country/countries/areas to be visited (please specify if multiple areas)	Length of stay at each area.	Away from medical help at destination, if so, how remote?	
1.			
2.			
3.			
<b>Please tick as appropriate below to best describe your trip</b>			
1. Type of trip	Business [ ]	Pleasure [ ]	Other [ ]
2. Holiday type	Package [ ] Camping [ ]	Self Organised [ ] Cruise ship [ ]	Backpacking [ ] Trekking [ ]
3. Accommodation	Hotel	Relatives/family home [ ]	Other
4. Travelling	Alone [ ]	With family/friend [ ]	In a group [ ]
5. Staying in area which is	Urban [ ]	Rural [ ]	Altitude [ ]
6. Planned activities	Safari [ ]	Adventure [ ]	Other [ ]

<b>Personal Medical history (Please delete as appropriate)</b>	
Do you have any recent or past medical history of note? (including diabetes, heart disease or lung conditions) If yes, please give details:	<b>YES/NO</b>

List any current or repeat medications	YES/NO
Do you have any allergies for example to eggs, antibiotics, nuts? If yes, please give details:	YES/NO
Have you ever had a serious reaction to a vaccine given to you before?	YES/NO
Does having an injection make you feel faint?	YES/NO
Do you or any close family members have epilepsy?	YES/NO
Do you have any history of mental illness including depression or anxiety?	YES/NO
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?	YES/NO
<b>Women only:</b> Are you pregnant or planning pregnancy or are you breastfeeding?	YES/NO
Have you taken out travel insurance?	YES/NO
If you have an existing medical condition, is the insurance company aware of it?	YES/NO
Please write below any further information which may be relevant:	/NO

<b>Vaccination History</b>					
Have you ever had any of the following vaccinations/malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Pneumonia		Other			
Malaria tablets					