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Appointments for Travel Advice and Immunisations

At the Practice we have seen an increasing trend in holidays to far away destinations and adventure holidays with more complex itineraries, with this has come an increase in the risk to travellers health.

We are able to offer basic holiday advice and vaccinations however we are not a specialist centre with the expertise that is available at travel clinics where they undertake extended training in Travel Medicine. If travel plans are complex and require SPECIALIST advice we would recommend attending a specialist travel clinic.

In order to provide appropriate travel advice and information we require you to fill in a Pre Travel Risk Assessment Form available from the surgery. This should be done as early as possible prior to travel. To achieve this we ask that you collect and complete a Pre Travel Risk Assessment Form from the surgery. Once completed, return to the surgery and arrange an appointment approximately two weeks later. This will last 20 minutes and we would plan to give any required vaccinations at this point.

If you are travelling in less that two weeks from the time of contacting the surgery we CANNOT guarantee we will be able to see you for your travel needs and suggest you consider contacting a travel clinic.

There is a lot of information available on the internet for travel, and it would be useful if you were able to look at the countries you are planning to visit prior to us seeing you. Below are some useful websites you may wish to use and some travel clinics are available in Leeds.

Scottish NHS Public Travel Site
National Travel Health Network & Centre
Department of Health
Foreign & Commonwealth Office
Immunisation Issues
Malaria for the General Public

www.fitfortravel.nhs.uk
www.nathnac.org
www.dh.gov.uk
www.fco.gov.uk/knowbeforeyougo
www.immunisations.nhs.uk
www.malariahotspots.co.uk

Leaffield Clinic: 0113 2951723
Masta Travel Clinic: 0113 2340411
Travel Health & Immunisation Service 0113 8433375 (Meanwood)
Travel Clinic at Superdrug Merrion Centre
Overseas Travel Clinic 01132 951723

Please complete this form prior to your travel appointment and return to reception

Personal details			
Name:		Date of birth: Male [] Female []	
Easiest contact telephone number			
Email			
Dates of trip			
Date of departure			
Return date or overall length of trip			
Itinerary and purpose of visit			
Country/countries/areas to be visited (please specify if multiple areas)	Length of stay at each area.	Away from medical help at destination, if so, how remote?	
1.			
2.			
3.			
Please tick as appropriate below to best describe your trip			
1. Type of trip	Business []	Pleasure []	Other []
2. Holiday type	Package [] Camping []	Self Organised [] Cruise ship []	Backpacking [] Trekking []
3. Accommodation	Hotel	Relatives/family home []	Other
4. Travelling	Alone []	With family/friend []	In a group []
5. Staying in area which is	Urban []	Rural []	Altitude []
6. Planned activities	Safari []	Adventure []	Other []

Personal Medical history (Please delete as appropriate)	
Do you have any recent or past medical history of note? (including diabetes, heart disease or lung conditions) If yes, please give details:	YES/NO

List any current or repeat medications	YES/NO
Do you have any allergies for example to eggs, antibiotics, nuts? If yes, please give details:	YES/NO
Have you ever had a serious reaction to a vaccine given to you before?	YES/NO
Does having an injection make you feel faint?	YES/NO
Do you or any close family members have epilepsy?	YES/NO
Do you have any history of mental illness including depression or anxiety?	YES/NO
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?	YES/NO
Women only: Are you pregnant or planning pregnancy or are you breastfeeding?	YES/NO
Have you taken out travel insurance?	YES/NO
If you have an existing medical condition, is the insurance company aware of it?	YES/NO
Please write below any further information which may be relevant:	/NO

Vaccination History					
Have you ever had any of the following vaccinations/malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Pneumonia		Other			
Malaria tablets					