## **Camden Mental Health Forum**

In the course of our lives, one in four of us will suffer from a mental health problem

- are you receiving treatment for a mental health problem?
- do you have a family member or care for a person with mental health problems?
- have you had mental health problems in the past?
- do you want to help improve mental health services?



Then you might find it useful to come along to the Mental Health Forum

Forums meet four times a year giving you the chance to speak directly to councillors and senior officers from Camden Council and the Camden NHS Trust about services for those with mental health problems.

To find out the date of the next forum, or if you'd just like to learn more about it, please contact Frank Dove at Camden Council on 020 7974 4435 or email frank.dove@camden.gov.uk

