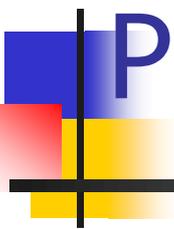
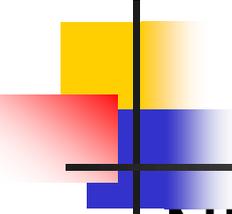


NHS Bowel Cancer Screening Programme

A decorative graphic on the left side of the slide, featuring a vertical black line that intersects a horizontal grey line. To the left of the vertical line are three overlapping squares: a blue one at the top, a red one in the middle, and a yellow one at the bottom.

**April is
Bowel Cancer Screening
awareness month**



What is the Bowel Cancer Screening Programme?

- NHS Bowel Cancer Screening aims to detect Bowel Cancer at an early stage (in people with no symptoms).
- Treatment for Bowel Cancers is more likely to be effective if Bowel Cancer is detected early.
- A **Faecal Occult Blood** (hidden blood) **Test kit** completed by people (FOBT)

How is it done?



- A test kit/invitation is sent to all people in the UK registered with a GP aged 60-74.
- People aged 75+ can request a test kit by ringing free **0800 707 60 60**.
- People complete the test kit at home and return the kit to the sender (a little amount of Motions/poo is collected on the kit for 3 days)
- The kit is tested for blood (in the motion) if positive then the person is called to a local clinic.
- They are offered a colonoscopy (bowel camera check)

BCSP Kit process



FOBT testing kit



Person applies sample and posts back to sender



Positive Spots

Why is it important?

Bowel Cancer Facts

Bowel cancer is the third most common cancer in the UK.

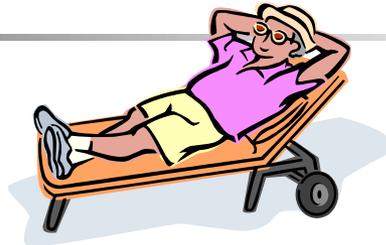
- **Over 8 in 10 bowel cancer cases occur in people aged 60 and over.**
- **Just under 40,000 people were diagnosed with bowel cancer in 2008 in the UK, that's around 110 people every day.**
- **Bowel cancer is the third most common cancer in women after breast and lung with around 17,900 new cases diagnosed in 2008.**
- **In 2008, around 22,100 men were diagnosed with bowel cancer in the UK making it the third most common cancer in men after prostate and lung cancer.**
- **Research suggests over 90% of bowel cancer patients will survive the disease for more than five years if diagnosed at the earliest stage.**
- **Younger people have a better prognosis than older patients.**
- **Blood in the motion/poo maybe an early sign of bowel cancer**

What Causes Bowel Cancer?

Diet



Lifestyles



Smoking



Obesity



Lack of exercise



Alcohol



Genetics

What are the Signs and Symptoms of Bowel Cancer

- **Bleeding from the bottom**
- **Bleeding in your poo**
- **A change in bowel habit, such as unusual episodes of diarrhea or constipation**
- **An increase in the amount of mucus (jelly) in the stools**
- **Severe abdominal pain**
- **Anaemia**
- **Abdominal pain**
- **Lump In the abdomen**



You can't always see the signs!!!!