Results – Patient Survey June 2014

**SURVEY RESULTS JUNE 2014**

This survey was carried out during the month of June by PPG members and staff from the admin team. Morning surgeries on various days/times were targeted.

Questions were agreed between PPG members and The Medical Centre. The aim of the survey was to promote Healthy Living and to provide information to patients who felt that their health would benefit from additional services and also to establish whether patients would like us to hold an Open Day here at The Medical Centre and if they thought this would be beneficial to them.

A total of 85 surveys were completed. Not all of the questions were answered by all of the patients who took part in the survey. Questions/results are as follows:-

**The Medical Centre                        Patient Health Questionnaire**

**Name: ……………………………………………………… DOB………………………………………………**

Response Split **:** Female – 49 = 58%          Male – 36 = 42%

**Describing your health TODAY**

Under each heading, please tick the ONE box that best describes your health TODAY……

**Eating Healthily**

I have no problems with my diet and eating well  = 65%

I have some problems with my diet and eating well  = 25%

I have a lot of problems with my diet and eating well  = 10%

**Would you like any information on the support services available?**

|  |
| --- |
| 67    NO |

|  |
| --- |
| 15    YES |

18% wanted further information

82% didn’t

**Doing usual activities** (for example, going to work, hobbies, sports, socialising, doing things with family or friends)

I have no problems doing my usual activities = 56%

I have some problems doing my usual activities  = 27%

I have a lot of problems doing my usual activities = 17%

**Would you like any information on support services available?**

|  |
| --- |
| 67    NO |

|  |
| --- |
| 11    YES |

14% wanted further information

86% didn’t

**Feeling worried, sad or unhappy**

I am not worried, sad or unhappy = 59%

I am a bit worried, sad or unhappy  = 29%

I am very worried, sad or unhappy  = 12%

**Would you like any information support services available?**

|  |
| --- |
| 64   NO |

|  |
| --- |
| 16   YES |

20% wanted further information

80% didn’t

**What is your current smoking status?**

Smoker = 24                                                   How many per day?

 EX smoker = 20

Never Smoked Tobacco = 37

**Would you like to Stop Smoking?** YES  6             NO      10

Of the smokers, 37% wanted to stop

63% didnt

 Please see reception to see one of the practice smoking advisors.

**What is your current weight? …………**74% of patients knew their weight**…………………**

**What is your height? ………**81% of patients knew their height**…………………………………**

**What is your blood pressure ? …**17% of patients knew their Blood Pressure

**How many units of ALCOHOL do you drink per week? ………**76% knew their alcohol intake**…**

(See guidance notes)

Pint or can of noraml strength lager (Harp, Carling, Boddingtons etc) =  2 units

Pint or can of strong lager (Stella, Red Stripe, Corona, Kronenbourg etc) = 3 units

Bottle of lager (Budweiser) = 2 units

1 litre bottle of normal strength cider  = 4.5 units

1 x 500ml can of super strength lager = 4.5 units

1 litre bottle of strong cider (White Lightning etc) = 8 units

1 bottle of alcopops (Bacardi Breezer, WKD, Smirnoff Ice etc) = 2 units

75cl bottle of sherry (QC, Harveys Bristol Cream) = 26 units

75cl bottle of port = 15 units

75cl bottle of wine-wine comes in different strengths so check label = 7-9units

Large glass of wine in pub = 3 units

Standard sized bottle of spirits (vodka, gin, whisky, brandy etc) = 26-28 units

1 litre bottle of spirits ( vodka, gin, whicky, brandy etc)  = 40 units

A single pub measure of spirits (vodka, gin, whisky brandy etc) = 1 unit

**Would you like the Practice to hold general open days for Health reviews/advice?**

|  |
| --- |
| 38     YES |

|  |
| --- |
| 38     NO |

50/50 split

**Do you feel this service would be of benefit to you?**

|  |
| --- |
| 40     NO |

|  |
| --- |
| 35     YES |

47% felt an open day would be of benefit

**Any other comments?**

3 patients commented that they were happy with the service and found the staff to be friendly and helpful

1 patient has been referred to Wellness Clinic

1 patient has been referred to the Buddy Service

1 patient has been referred to Silverline