

CAYP Bereavement Support

CAYP is a bereavement support service for children and young people.

Our service provides opportunities for children and young people to express feelings associated with death and work through their grief and loss.

We have a flexible approach and are keen to support each child or young person on their own unique journey.



Supported by

Lancashire Teaching Hospitals
NHS Foundation Trust



ARJOHUNTLEIGH
GETINGE GROUP



A place that makes a difference

Tel: 01772 528400

Local Bereavement Support for Children & Young People aged 10-18



CAYP – A Place that makes a difference

The service offers a safe environment, where children and young people can explore how they feel in a caring and non judgemental environment.

Remember -

- You are not alone in your thoughts and feelings
- The things you are feeling are normal
- The CAYP team are here to listen and support you
- You are encouraged to talk about your loss and how this is impacting on your life
- You will have the opportunity to meet other children and young people with similar experiences

A place that makes a difference

CAYP - Bereavement Support Group
Lancashire Teaching Hospitals NHS
Foundation Trust
Royal Preston Hospital
Sharoe Green Lane, Fulwood
Preston, PR2 9HT

Phone: 01772 528400
E-mail: CAYP@lthtr.nhs.uk

Our Aims

- To support children and young people develop the confidence and skills to consider their emotions and express themselves
- To help them understand and express their grief and loss in practical and creative ways
- To encourage them to talk openly about their thoughts, feelings and behaviour
- To support them to work through painful issues
- Be able to change approach, meeting each child and young person's individual needs, on their own journey
- To encourage children and young people to respect and learn from others with similar experiences without judgement

Our Service

Drop in Centre

Fortnightly Thursday evenings 6—7.30pm

Secure facilities based at

The Community Learning Centre
(Alan Kelly Stand)

Preston North End
Football Ground
Deepdale Road
Preston

Fully trained, bereavement support staff / volunteers
(CRB, Safe Guarding, Child Protection & Governance)

Please

Ring: 01772 528400

Text: 07525196970

E-mail: CAYP@lthtr.nhs.uk

For further information