

## Openi TRAIL Community Friendship Cafe

## Loss, grief and beyond...

Are you feeling socially isolated, are you a carer, are you coping with a long term illness or recently bereaved?

Our Community Friendship Cafe is a virtual drop-in space for:

- Support & Information
- A place to share experiences
- Wellbeing activities
- Bereavement support
- Virtual friendships

We are here for you

Members of the Cornwall Hospice Care Community Services Team are on hand to support, chat, advise and signpost you to useful resources.



Join our **Community Friendship** Cafe on Facebook

This initiative is supported by the following organisations











Connecting @Veor















