## Gluten Free Repeat Order Form

For patients with confirmed Coeliac disease or dermatitis herpetiformis

## **Rationalising Gluten Free Formulary**

Due to an explosion in the number of gluten free products available, we have <u>introduced a limited</u> <u>formulary of items we are happy to provide a prescription for</u>. As you know, **no** cake mixes / biscuits / muffins / pizza bases are prescribed.

## SUMMARY

Remember
that you do
not have to
order as
much as the
number of
units
suggested per
month, as
other foods
you purchase
can be
naturally
gluten free

Please order

**MONTHLY** 



<b>Breads</b>	Juvela GF	Juvela GF	Juvela GF	Glutafin Select
	sliced bread	Fresh sliced white loaf	Fibre bread sliced	Fresh Brown bread
Number required				
Units ( 1 loaf = 1 unit)				
<u>Crackers</u>	Juvela GF	Glutafin GF	Glutafin	
	crispbread	crackers	High Fibre crackers	
Number				
required				
Units ( 1 packet= 1 unit)				
<u>Flours</u>		Juvela GF Fibre	Glutafin	Glutafin GF Wheat free
	mix	Mix	Multipurpose White Mix	Multipurpose Fibre mix
Number				
required				
Units (1 packet= 2 units!)				
<u>Pasta</u>	Juvela GF	Juvela GF	Juvela GF	
	Lasagne sheets	fusilli	spaghetti	
Number				
required				
Units (1 packet= 2 units!)				