

## **CRADLEY SURGERY** **VACCINE INFORMATION**

### **'Flu' Season is on its way**

Are you?

- Over 65 years old
- Pregnant
- Children and adults with an underlying health condition
- Children and adults with weakened immune systems

Then you are eligible to book into one of the Flu Clinics being run at Cradley Surgery on Saturday 10<sup>th</sup> October and Saturday 31<sup>st</sup> October 2015

### **Children's Flu Vaccine**

Children aged 2, 3 and 4 years plus children in school years one and two are all eligible for the nasal flu vaccine. This is one single dose of nasal spray squirted up each nostril. It is needle free 😊

### **Shingles Vaccine**

Around 9 in every 10 adults in the UK have had chicken pox previously and are then potentially at risk of developing shingles.

Shingles can occur at any age but is most common in people who are over the age of 70. It is much less common in children. You can get shingles more than once.

The vaccine reduces the chances of you developing shingles and if you do develop shingles then the disease is likely to affect you less severely.

### **Men B Vaccine**

A **new** vaccine to prevent meningitis is being offered to babies as part of the routine childhood vaccination program. The new Men B vaccine is recommended for babies at 2 months, followed by a second dose at 4 months and a booster at 12 months. This will protect your baby against infection by meningococcal group B bacteria which are responsible for more than 90% of meningococcal infections in young children.

### **Men ACWY Vaccine**

Young teenagers, sixth formers and "fresher" students going to university for the first time are now routinely offered a vaccine to prevent meningitis W disease.

All 17 and 18 year olds in school year 13 and first year university students up to the age of 25 are eligible for the **new** Men ACWY vaccine.

Cases of Meningitis and septicaemia (blood poisoning) caused by Men W bacteria are rising due to a particularly deadly strain.

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