

I WOULD LIKE TO SEE SOMEONE ABOUT...

A

Asthma

Alcohol Abuse

B

Bladder Problems (Men)

Blood Pressure Readings

Blood Tests

C

Care of the Older Adult

Cervical Smears

Childhood Vaccinations

Clip (Wound) Removal

Contraceptive Coil Fitting

Contraceptive Coil Removal

Contraceptive Implant Fitting or Removal

COPD

D

Diabetes

Diabetic Checks

Dressings

Drug Abuse

THEN YOU NEED AN APPOINTMENT WITH...

Dr Clamp, Dr Goldby or Sister Rutter

Dr Hughes

Dr Heath, Dr Clamp or Dr Hughes

HCA or Practice Nurse

HCA

Dr Clamp

Practice Nurse

Sister Bamford, Crimmons or Rutter

HCA or Practice Nurse

Dr Hawkins or Dr Miskin – to be booked through a practice nurse

Sister Bamford, Crimmons or Rutter

Dr Hawkins, Dr Miskin or Dr Goldby - to be booked through a practice nurse

Dr Clamp or Sister Rutter

Dr Hughes or Dr Miskin or Sister Crimmons or Sister Bridges

Sister Crimmons, Sister Bridges or Heidi Lacks (HCA)

Practice Nurse

Dr Hughes

E

Ear Syringing	HCA
ECGs	HCA
Erectile Dysfunction	Dr Heath, Dr Clamp or Dr Hughes

F

Family Planning	Sister Bamford, Sister Crimmons or Sister Rutter
Foreign Travel Advice	Sister Crimmons, Sister Rutter or Sister Bridges

H

Heart Problems	Dr Heath
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I

Ingrowing Nails & Nail Surgery	Dr Heath
Insulin Initiation	Dr Hughes, Dr Miskin or Sister Crimmons

J

Joint Injections	Dr Heath
Joint Problems	Dr Heath

L

Leg Ulcer Care	Sisters Crimmons, Sister Rutter or Sister Bridges
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M

Minor Illnesses	Sister Bamford
Minor Surgery	Dr Heath or Dr Bailey
Moles	Dr Heath or Dr Bailey

N

New Patient Checks	HCA or Practice Nurse
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NHS Health Checks (40 - 74 age group without a pre-existing condition)

HCA or Practice Nurse

P

Prostate Problems

Dr Heath, Dr Clamp or Dr Hughes

S

Skin Problems

Dr Bailey

Skin Tag Removal

Dr Heath or Dr Bailey (Cryo Clinic)

Stomach and Bowel Problems

Dr Clamp

Suture Removal

HCA or Practice Nurse

V

Vaccinations and Immunisation

Sisters Bamford, Crimmons or Rutter

Verruca Treatment

Dr Heath or Dr Bailey (Cryo Clinic)

W

Warfarin Monitoring

Practice Nurse or HCA

Wart Treatment

Dr Heath or Dr Bailey (Cryo Clinic)

Women's Health

Dr Hawkins, Dr Miskin, Dr Goldby or Dr Kelly

Wound Care

Practice Nurse

THESE ORGANISATIONS MAY BE ABLE TO HELP YOU:

1. Worcestershire Wellbeing Hub

Worcestershire Wellbeing Hub is an information and signposting service for people over the age of 16 who are experiencing low mood, anxiety or stress, and feel that they would benefit from support from local community providers.

Tel: 01905 766124

Email: WHCNHS.wellbeinghub@nhs.net

2. New Horizons – Services for Bromsgrove’s over 50s

If you want to meet new people, get more active, learn something new or meet your health needs then click on the link which will signpost you to a host of organizations.

<http://www.bromsgrove.gov.uk/things-to-do/in-the-community/new-horizons-services-for-bromsgroves-over-50s.aspx>

3. Your Life, Your Choice

Your Life, Your Choice Worcestershire provides information and advice about adult social care and health services in Worcestershire.

<https://ylc.worcestershire.gov.uk/about-this-site/about-us/>

4. Family Front Door

If you have a concern about a child or want to request additional help for a family

http://www.worcestershire.gov.uk/info/20265/i_am_a_parent_or_carer

5. British Red Cross First Call

If you know someone who needs a little extra help at home.

Tel: 01905 450436

Mob: 07595 278633

Email: supportworcs@redcross.org.uk

6. Sports Partnership Herefordshire & Worcestershire

The Sports Partnership organise Strength and balance classes for those who want to improve their strength, balance and mobility.

For more information contact the Strength and Balance Coordinator at Bromsgrove District Council

Tel: 01527 881404

Email: sd@bromsgroveandredditch.gov.uk

7. Citizens Advice Bromsgrove

If you need advice on benefits, debt, housing or employment.

Tel: 03444 111 303 (Telephone Advice Service)
01527 557397 (Housing advice only)

Email: Bromsgrove.cab@nhs.net

8. Age UK Bromsgrove

Age UK Bromsgrove offers a range of services including Help at Home and Befriending.

Tel: 01527 871 840

Email: enquiries@ageukbromsgrove.org.uk

9. Worcestershire Association of Carers

Worcestershire Association of Carers provides an independent source of information, advice and support for unpaid adult carers in Worcestershire.

Tel: 0300 012 4272

10. Age UK Dementia Advisor Service

Tel: 0800 008 6077

<http://www.ageuk.org.uk/herefordshireandworcestershire/support-services/dementia-advice/>

11. Alzheimer's Society

National Dementia help line: **0300 222 1122**

www.alzheimers.org.uk

For Local information services and activities phone **01905 621868**
or email Worcestershire@alzheimers.org.uk