**Pendle Care Navigation / Directory of Services**

**Service Access Criteria for:-**

Minor Eye Conditions Service – Pendle

**Brief Description**

This service is available to people with new or very recent minor eye problems to get the help that they need quickly and easily closer to home. Under this scheme, any patient can self-present with a minor eye condition to an optometrist who provides this service.

At a MECS appointment, clinical assessment, diagnosis and then clinical management will take place. Other, more serious eye problems – which may seem ‘’minor’’ – may require the help of an eye specialist (an ophthalmologist). If this is the case, the MECS practitioner can make the referral for the patient directly with the hospital, making it easier for them to get the treatment they need as quickly as possible.

**Conditions treated**

The following conditions are seen under the MECS service:-

• Watery eyes

• In-growing lashes (trichiasis) – feels like they have something in their eye

• Superficial foreign bodies

• Inflammation of the eyelids (blepharitis – red, flaky and itchy lids)

• Dry eye (gritty / itchy / stinging / burning)

• Red eye (with normal vision and no pain)

• Flashing lights and ‘’floaters’’

• Styes and lid lumps (chalazion / hordeolum)

**Location & Map**

This service is available at the following Opticians:-

Barnoldswick – James Bontoft Opticians Ltd (23-25 Rainhall Road) – 01282 853223

Nelson – Specsavers (8 Marsden Mall, Pendle Rise Shopping Centre) – 01282 608450

Nelson – Brown Opticians (35 Railway Street) – 01282 697511

Colne – Planit Opticians (60 Albert Road) – 01282 859775

Colne – Wordens Eyecare (27 Skipton Road) – 01282 863919

Other locality areas shown overleaf

**Opening Hours**

Opening times vary but most are open between 9am and 5.30pm Monday – Saturday, and a few 10am – 4.00pm on Sunday. However, most Opticians are open between 8.00am and 6.00pm each weekday.

**How accessed**

If a patient is registered with an East Lancashire GP, they can access this local service rather than waiting for a GP appointment or referral to a specialist clinic. Patients can self-present, but it may be useful to contact the accredited practice to arrange a suitable appointment date and time. The practice receptionist will be able to ask some basic questions about the problem to determine whether a more urgent appointment is needed.

**Other locations where this service is available:-**

This service is available at the following Opticians:-

Ribble Valley:-

Clitheroe – Bayfields T/a Norman Cope (11 Castle Street) – 01200 423975

Burnley

Burnley – Browns Opticians (58 James Street) – 01282 426068

Burnley – Boots Opticians (51 St James Street) – 01282 416850

Burnley – Specsavers (Unit 41, 25 The Mall) – 01282 450045

Burnley – Second Sight Eyecare (32-40 Keirby Walk) – 01282 839009

Burnley – M Anderson Optometrist (40 Lyndhurst Road) – 01282 453424

Padiham – Mark Jinkinson Optometrist Ltd (95 Burnley Road) – 01282 771600

Rossendale:-

Haslingden – David Gould Opticians (41 Deardengate) – 01706 228927

Haslingden – K Burgess Opticians (18 Deardengate) – 01706 222660

Rawtenstall – David Gould Opticians (101 Bank Street) – 01706 215200

Rawtenstall – Spex Opticians (83 Bank Street) – 01706 221132

Bacup – Crowther Optometrists (33/35 Market Street) – 01706 874631

Hyndburn:-

Accrington – Specsavers (Unit 4b Cornhill) – 01254 389666

Accrington – Boots Opticians (Unit 14, 10 Union Street) – 01254 232191

Accrington – SW Allen (17 Dutton Street) – 01254 233817

Accrington – Spex Opticians (37 Union Street) – 01254 398942

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