**Contraceptive Pill Checklist**

**For women 18 years and over**

In order to provide the contraceptive pill safely we need to ask you a number of questions. We would be grateful if you could complete this form when you submit your next repeat prescription request.

If you are having any problems with your medication or would like to consider alternative contraception options, please speak to one of our GP’s or Women’s Health Nurse, who will be able to advise you.

**Patients Name:**

**Date of Birth: Date:**

**Contact Number:**

(That you are happy for us to contact you on, if there are any queries)

**Please measure your blood pressure using the BP machine and weight at the surgery waiting room or using your scales and BP machine at home:**

**Blood Pressure Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. Are you a smoker? 🞏Yes 🞏No

 How many per day?

1. Would you like help giving up? 🞏Yes 🞏No

Quit4Life is a free NHS service helping people in Hampshire who want to stop smoking: http://www.quit4life.nhs.uk/

1. What is your weight and height?

1. Are you aware:
2. How the pill works? 🞏Yes 🞏No
3. What to do if you miss a pill? 🞏Yes 🞏No

 c) That the contraceptive pill does NOT protect you from

Sexually Transmitted Infection (STI), so you will need to use

a condom as well to protect yourself. 🞏Yes 🞏No

To order STI testing kit online please visit: <https://www.letstalkaboutit.nhs.uk/>

1. Do you suffer from migraines? 🞏Yes 🞏No

 If so, do you suffer from visual symptoms or changes

in sensation or muscle power on one side of your body? 🞏Yes 🞏No

1. Have you or your parents or siblings been diagnosed with heart

 disease or stroke under the age of 45? 🞏Yes 🞏No

1. Do you have diabetes? 🞏Yes 🞏No
2. Have you or any family member under the age of 45 had a deep vein thrombosis or Pulmonary

Embolus (blood clot in the leg or lung) ? 🞏Yes 🞏No

1. Do you have blood clotting illnesses/ abnormalities? 🞏Yes 🞏No
2. Do you have any personal or family history of breast cancer 🞏Yes 🞏No

 under the age of 50?

1. Are you aware of the alternatives such as long acting reversible contraceptive? 🞏Yes 🞏No

1. Would you like to book a consultation with a doctor to discuss

or arrange fitting a long acting reversible contraceptive? 🞏Yes 🞏No

* The contraceptive pill may not work if you have diarrhoea or vomiting.
* Commonly used antibiotics don’t affect the pill.
* Medicines such as some of those used to treat epilepsy, HIV and TB, and the complementary medicine St John’s Wort, may make it less effective.

For contraceptive advice and information on long acting reversible contraception please visit: https://www.fpa.org.uk/

**If we have any problems with re-issuing your prescription we will contact you. If not, your prescription will be ready for you to collect within 2 working days.**

***Please remember cervical smear testing (EVERY 3 years for women aged 25-50 and EVERY 5 years for women aged 50- 65)***