

# Ask 3 Questions

Sometimes there will be choices to make about your healthcare. If you are asked to make a choice, make sure you get the answers to these 3 questions:

what are my **options**?

what are the possible **benefits** and **risks**?

how can we make a decision **together** that is **right for me**?



We want to know what's important to you  
[www.southtynesideccg.nhs.uk](http://www.southtynesideccg.nhs.uk)



South Tyneside  
Clinical Commissioning Group

